

## Thursday Thought

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## "Mirror, Mirror on the Wall!"

Thursday, February 9, 2017

<u>Verse for the week</u>: Luke 6:37 (NLT) "Do not judge others, and you will not be judged. Do not condemn others, or it will all come back against you. Forgive others, and you will be forgiven."

Have you ever judged someone else? Come on now, be honest! Of course you have. Maybe it was someone's hairstyle, piercing, tattoo, clothing, make-up, nationality, or accent. Have you ever heard of "first impressions"? (Psychologists say we have about  $1/10^{\rm th}$  of a second to make that first impression.) A first impression is a judgement of someone, but these first impressions aren't always accurate.

We live in a society where people like to focus on themselves — Facebook, Twitter, Snapchat, Instagram, YouTube, etc. We even have mirrors all around to check ourselves out. We are all about ourselves, but, sadly we tend to focus on others faults before our own. Matthew 7:3,5 "And why worry about a speck in your friend's eye when you have a log in your own? 5 ...First get rid of the log in your own eye; then you will see well enough to deal with the speck in your friend's eye."

I need to deal with the person I see in the mirror first before I can deal with others, and the issues we need to start with go further than just what we see in the mirror. I Samuel 16:7 says, "People judge by outward appearance, but the Lord looks at the heart." There are a lot of things we like to cover up and hide from others but they aren't hidden from God and eventually they will come out. Steven Furtick writes in his book, (UN)Qualified, "People might hire us and use us for what we do, but they accept us and like us for who we are. And ultimately, of course, who we are determines what we do. You can pretend for only so long before the real you comes out." God knows the "real you" so let's start working on what's on the inside first.

**Question to ask yourself**: In what ways, have you been judging others? What will you do today to start focusing on changing yourself first?

If you judge people, you have no time to love them. - Mother Teresa."