

Thursday Thought – 7/15/2010
Brushing your teeth

Did you know that we are to brush our teeth a minimum of twice a day for two – three minutes? That's somewhere between 28 and 42 minutes a week. That's 24 – 32 HOURS a year, all for healthy teeth! Of course, then we are suppose to floss them, use a fluoride rinse, and go to the dentist twice a year for cleaning all of which adds even more time to it. If you add it up during our life time we spend nearly 1/4th of a year just brushing our teeth. Most likely you have never thought about that before.

As a parent, I was/am concerned about my children's teeth, so I have them brush and take them to the dentist, as do most parents. But we are also concerned about:

- Their physical health so we have them eat well
- Their social skills so we have them interact with other children and attempt to teach them manners
- Their academics so we send them to school, invest in tutors, and spend hours working with them on homework
- Their athletic abilities so we get them into sports at an early age and run them all over town taking them to practices and purchasing all of the equipment needed for their protection
- Their dental hygiene so we have them brush and go to the dentist

These are all important, but in the midst of it all we often forget that there is an **eternity** before us and **we must first and foremost be concerned about that!** Sadly, many people spend more time taking care of their teeth during the week than they do reading and studying their Bible. Too often **our** Bibles as well as theirs sit on the shelf collecting dust until we pick them up to go to church. Deuteronomy 11:18-21 instructs parents and grandparents to teach God's word to their children and grandchildren! Why? So that as they grow up they will not turn from following God (Proverbs 22:6 NIV), they will avoid sin (Psalm 119:11 NIV), they will have direction for their lives (Psalm 119:105 NIV) and they will spend eternity in Heaven (John 3:16, John 6:40, John 14:6, etc.)! God desires an intimate relationship with us which requires more than 2-4 minutes a day. **He has so much for us, and unless we invest the time with Him through prayer and reading the Bible, we will never know all that He has in store for us!** Let me encourage you this day to pursue intimacy with God above all else, and to encourage your children to do the same.

Challenge Question: What is taking up your time and causing you to miss out on intimacy with God?

Because of HIS Amazing Grace,
Pastor Myron

www.pfwc.net